

EDUCATIONAL SESSION



Breaking the Pain Cycle

Dry needling is a technique used by physical therapists to treat myofascial pain or muscular pain. It is an invasive procedure in which a solid filament needle is inserted into the skin and muscle directly at the myofascial trigger point or a sensitive point in the muscle.

Lodge will discuss the following:

- Trigger point
- Dry needling versus acupuncture
- Conditions treated by dry needling
- Chronic pain
- Breaking the pain cycle
- Other myofascial pain treatments

Justin Lodge, P.T., D.P.T., is a physical therapist with Wright State Physicians Physical Therapy. Lodge is a 2007 Wright State University graduate. He earned a doctorate in physical therapy from the University of Dayton in 2010. He uses hands-on manual techniques with an emphasis on patient-centered, evidence-based rehabilitation.

Tuesday, October 18 ■ 7 p.m.

Wright State Physicians Health Center
Campus of Wright State University
725 University Blvd. ■ Fairborn, OH 45324
Second Floor ■ Classroom 1

The session is free and open to the public.

To register, contact Jessica Shroyer at jessica.shroyer@wspi.org or 937.208.8307.



Wright State Physicians

PHYSICAL THERAPY

wrightstatephysicians.org/physical-therapy