Healthy Hearts Nutrition & Wright State University Campus Rec

Leslie Clem Edmunds MPH, RD/LD, CLT

SERVICES PROVIDED

- Weight management
- Heart Disease/CHF
- Diabetes/Pre-diabetes/Gestational diabetes
- GI Disorders, FODMAP elimination diet
- High Cholesterol/Triglycerides
- Hypertension/Pre-hypertension
- Women’s Health: PCOS/Fertility
- Kidney Disease
- Food Allergies/Intolerance/Sensitivities
- Cancers
- Osteoporosis
- Prenatal, Pregnancy and Lactation
- Childhood Nutrition
- MRT (Mediator Release Testing) for IBS, Migraines, Fibromyalgia

INSURANCE ACCEPTED

Leslie is an in-network provider for Anthem, Medicare, Medical Mutual of Ohio, American Specialty Health, Optum Healthcare, and United Health Care.

She also accepts HSA (Health Saving Account) and FSA (Flexible Spending Account) as payment.

Wright State affiliates receive a 20% discount off private pay fees (if not utilizing insurance for payment).

$36 for 30 minute consultation (regularly $45) and $72 for 60 minute consultation (regularly $90)

CONTACT

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Website: http://www.HealthyHeartsNutrition.com

Leslie is available to meet at Wright State or at her office location in Springfield.