

Freshman Outdoor Orientation Trip: Venture

Date & Time: Wednesday, August 7- Sunday, August 11, 2024

The Freshmen Outdoor Orientation Trip (FOOT) is a unique wilderness experience that will take place before school begins. FOOT offers an amazing opportunity for incoming students to meet a small group of new classmates and establish relationships with older student leaders. **Venture** is five days full of whitewater rafting, camping, and playing in a water park. This option is great for incoming first-year students who like a thrill paddling on whitewater.

Location: New River Gorge, West Virginia

Cost: \$450

Cost Includes: transportation from WSU, camping fees, all meals, all equipment, permits, raft guide,

& trip leaders.

Activity Level: Beginner - Advanced, no prior experience in activity required.

Remoteness Scale Level 1, this is a front country trip.

Physical Challenge Scale: Level 2, this trip is moderate.

Registration: Up to 8 participants Registration required by July 17.

Itinerary:

Day 1

1:00 pm. Welcome and Introductions! FOOT Venture begins. Meet at Climbing Wall in lower level of Student Union

2:00 p.m. Head to the Challenge Course for team building on the Low Ropes Course

6:00 p.m. Dinner

7:00 p.m. Rock Climbing and Rappelling at the Challenge Course

9:00 p.m. Check into dorms and get settled

10:00 p.m. Lights out

Day 2

7:00 a.m. Breakfast, pack up gear, and head to New River Gorge!

12:00 p.m. Check into campsite, set up camp, and eat lunch

3:00 p.m. Play at the waterpark on inflatable obstacle courses, waterslides, and zip lines.

6:00 p.m. Dinner & S'mores around the campfire

10:00 p.m. Lights out

Day 3

7:00 a.m. Breakfast

8:00 a.m. White Water Rafting on the New River. Learn the basics of rafting and experience class I – IV rapids. Lunch out on river.

6:00 p.m. Dinner and games at campsite

10:00 p.m. Lights out

Day 4

7:00 a.m. Breakfast

8:00 a.m. White Water Rafting or Funyak, depending on the water level, on the Gauley River and experience class I – IV rapids. Lunch out on river.

6:00 p.m. Dinner and games at campsite

10:00 p.m. Lights out

Day 5

7:00 a.m. Breakfast 8:00 a.m. Pack up camp 12:00 p.m. Lunch on the road 3:00 p.m. Final Debrief on campus

4:00 p.m. FOOT ends