



WRIGHT STATE
CAMPUS
RECREATION

Freshman Outdoor Orientation Trip: Discover

Date & Time: *Friday, August 11 – Sunday August 13, 2023*

The Freshmen Outdoor Orientation Trip (FOOT) is a unique wilderness experience that will take place before school begins. FOOT offers an amazing opportunity for incoming students to meet a small group of new classmates and establish relationships with older student leaders. **Discover** is three days full of climbing, kayaking, hiking, and playing on the challenge course. This option is great for incoming first-year students who want to adventure in multiple sports.

Cost: \$250

Cost Includes: ORC trip leaders, all equipment, lodging, meals, all permits, fees, and transportation from WSU in 12-passenger van.

Activity Level: Beginner - Advanced. No prior experience in activities necessary.

Remoteness Scale Level 1, this is a front country trip.

Physical Challenge Scale: Level 2, this trip is moderate.

Registration: Up to 10 participants Registration required by July 16.

Itinerary:

Day 1

9 a.m. Welcome and Introductions! FOOT Discover begins. Meet at Climbing Wall in lower level of Student Union

10:00 a.m. Head to the Challenge Course for team building on the Low Ropes Course

12:00 p.m. Lunch

1:00 p.m. Continue Low Ropes Course

3:00 p.m. Rock Climbing and Rappelling at the Challenge Course

6:00 p.m. Dinner

7:00 p.m. Check into dorms and get settled

8:30 p.m. Outdoor Adventure Movie in the Climbing Gym

10:00 p.m. Lights out

Day 2

8:00 a.m. Breakfast, pack up gear, and head to Blue Lake at Eastwood Metropark for an Introduction to Kayaking course! Learn the basics of kayaking on a calm cool lake

12:00 p.m. Lunch

1:00 p.m. Head to Great Miami River for river kayaking using newly learned skills

7:00 p.m. Dinner & S'mores around the campfire

10:00 p.m. Lights out

Day 3

8:00 a.m. Breakfast, and head to John Bryan State Park for three-mile hike

12:00 p.m. Lunch

1:00 p.m. Outdoor rock climbing in John Bryan State Park

6:00 p.m. FOOT ends