Freshman Outdoor Orientation Trip: Discover

Date & Time: Sunday, August 18 – Tuesday, August 20, 2024

The Freshmen Outdoor Orientation Trip (FOOT) is a unique wilderness experience that will take place before school begins. FOOT offers an amazing opportunity for incoming students to meet a small group of new classmates and establish relationships with older student leaders. Discover is three days full of climbing, kayaking, hiking, and playing on the challenge course. This option is great for incoming first-year students who want to adventure in multiple sports.

Cost: $250

Cost Includes: ORC trip leaders, all equipment, lodging, meals, all permits, fees, and transportation from WSU in 12-passenger van.

Activity Level: Beginner - Advanced. No prior experience in activities necessary.

Remoteness Scale: Level 1, this is a front country trip.

Physical Challenge Scale: Level 2, this trip is moderate.

Registration: Up to 10 participants Registration required by July 31.

Itinerary:

Day 1
9 a.m. Welcome and Introductions! FOOT Discover begins. Meet at Climbing Wall in lower level of Student Union
10:00 a.m. Head to the Challenge Course for team building on the Low Ropes Course
12:00 p.m. Lunch
1:00 p.m. Continue Low Ropes Course
3:00 p.m. Rock Climbing and Rappelling at the Challenge Course
6:00 p.m. Dinner
7:00 p.m. Check into dorms and get settled
8:30 p.m. Outdoor Adventure Movie in the Climbing Gym
10:00 p.m. Lights out
Day 2
8:00 a.m. Breakfast, pack up gear, and head to Blue Lake at Eastwood Metropark for an Introduction to Kayaking course! Learn the basics of kayaking on a calm cool lake
12:00 p.m. Lunch
1:00 p.m. Head to Great Miami River for river kayaking using newly learned skills
7:00 p.m. Dinner & S’mores around the campfire
10:00 p.m. Lights out

Day 3
8:00 a.m. Breakfast, and head to John Bryan State Park for three-mile hike
12:00 p.m. Lunch
1:00 p.m. Outdoor rock climbing in John Bryan State Park
6:00 p.m. FOOT ends