Remember:

- Assess the jobsite for strength and structural integrity
- Use a guardrail system for heights of 4 feet or more. Or use a personal fall arrest system (anchorage, connectors, body harness, lanyard, deceleration device, lifeline, etc.)
- Floor openings above lower levels warrant a personal fall arrest system, covers or guardrail systems
- Ramps, runways and other walkways of 4 feet or higher should be protected by a guardrail system
- Get into the habit of checking guardrails for structural integrity
- If you bump a rail, check to see if it is weakened