

# Health and Physical Education

(CURRENT)

Office of Student Services - 378 Allyn Hall  
Open Advising Hours Listed Below  
Monday, Tuesday, Thursday 9:00am - 11:30am and 1:00pm - 3:30pm  
<http://www.ed.wright.edu/ss>

## GENERAL EDUCATION

56 HOURS

### Area I

#### Communications

ENG 101 Academic Writing and Reading

ENG 102 Writing in Academic Discourse

#### Mathematical Skills

MTH 145 Math and the Modern World

Or - appropriate substitution from: MTH 143; MTH 228; MTH 229 & 230; STT 160; STT 264 & 265

### Area II

#### Cultural-Social Foundations

##### Choose 1: History

CLS 150 Introduction to Greek and Roman Culture

HST 101 Ancient and Medieval Europe

HST 102 Early Modern Europe: 14<sup>th</sup> through 18<sup>th</sup> Century

HST 103 Modern Europe: 19<sup>th</sup> and 20<sup>th</sup> Century

##### Choose 1: Nonwestern (WI)

CSE; CST; RSE; RST; HLT 202; SW 272; URS 200

### Area III

#### Human Behavior

##### Choose 2 from different areas:

##### Economics (WI)

EC 200 Economic Life

EC 290 Economic, Business, and Social Issues

##### Political Science

PLS 200 Political Life

##### Psychology

PSY 105 Psychology: The Science of Behavior

##### Sociology (WI)

SOC 200 Social Life

SOC 205 The Sociological Imagination

WMS 200 Approaches to Women's Studies

### Area IV

#### Human Expression

##### Choose 1:

##### Great Books (WI)

CLS 204 Great Books: Classical Beginnings

ENG 204 Great Books: Literature

PHL 204 Great Books: Philosophy

REL 204 Great Books: Religion

##### Fine & Performing Arts

ART 214 Visual Art in Western Culture

MUS 214 Music in Western Culture

MUS 290 African American Music: America and Beyond

TH 214 Theatre in Western Culture

**Additional Courses (8 hrs):** Choose 2 courses from Areas II, III, or IV. The courses must come from different subcategories than those selected to meet the area requirements *unless they are from Area II.*

### Area V

#### Natural Sciences (Some sections are WI)

BIO 107 Introductory Biology: Disease

HPR 250 Basics of Anatomy and Physiology I

HPR 251 (WI) Basics of Anatomy and Physiology II

### Area VI

#### College Component (WI) choose 1

ED 210 Education in a Democracy

CNL 210 Understanding Emotional Intelligence

RHB 210 Introduction to Alcohol and Drugs

| <b>CURRICULUM CONTENT</b>   |  | <b>75 HOURS</b>      |
|---|--|----------------------|
| HPR 261   | Athletic Training I  | 4                    |
| HPR 211   | Motor Development for Health and Physical Education          | 4                    |
| HPR 212   | Adapted Physical Education and Recreation                    | 4                    |
| HPR 214   | Adapted Physical Activity                                    | 3                    |
| HPR 241   | Intro. To Health, Physical Education, and Recreation         | 3                    |
| HPR 260   | First Aid  | 3                    |
| HPR 281   | Physical Education for Early and Middle Childhood            | 4                    |
| HPR 340   | Organization and Administration of HPR and Athletic Programs | 3                    |
| HPR 353   | Kinesiology  | 4                    |
| HPR 354   | Psychology of Sport  | 3                    |
| HPR 355   | Applied Exercise Physiology                                  | 4                    |
| HPR 362   | Nutrition for Fitness/Sport                                  | 3                    |
| HPR 410   | Psychomotor Assessment for Exceptional Children              | 4                    |
| HPR 460   | Motor Learning   | 4                    |
| HPR 481 (WI)  | Measurement, Evaluation, and Research in HPR                 | 4                    |
| HED 230   | Personal Health  | 4                    |
| HED 330 (WI)  | School and Community Health Services                         | 3                    |
| HED 331   | Health Education for Early and Middle Childhood              | 4                    |
| HED 431   | Human Sexuality for Educators                                | 3                    |
| HED 432   | Death, Dying, and Grieving                                   | 3                    |
| RHB 305   | Substance Abuse: Societal and Human Issues                   | 4                    |
| <b>PROFESSIONAL EDUCATION</b>   |  | <b>36-38 HOURS</b>   |
| <u>Phase I</u>  |  |                      |
| ED 221  | Practicum I  | 1                    |
| ED 301 (WI)   | Schooling in a Culturally Diverse Society                    | 5                    |
| ED 303 (WI)   | Human Development and Learning                               | 5                    |
| <u>Phase II</u>   |  |                      |
| ED 321  | Practicum III  | 1                    |
| ED 432  | Improvement of Reading in the Secondary School               | 5                    |
| HED 382   | Curriculum and Methods in Health Education                   | 3                    |
| HPR 381   | Curriculum and Methods in Physical Education                 | 3                    |
| <u>Phase III</u>  |  |                      |
| ED 429  | Supervised Teaching: Pre-K –12                               | 10-12                |
| ED 440 (WI)   | Teacher in School and Society                                | 3                    |
| <b>ACTIVITY SKILLS REQUIREMENT- HPR 200</b>   |  | <b>16 HOURS</b>      |
| Each student must demonstrate knowledge and skill ability by completing <i>eight</i> HPR 200 courses. |  |                      |
| Two years of intercollegiate sport participation may substitute for the same HPR 200 course.          |  |                      |
| (BIPE courses may not be substituted.)  |  |                      |
| <u>Team</u> – 3 <i>required</i> :   | Teaching Basketball, Soccer, Volleyball or Softball/Baseball | 6                    |
| <u>Individual</u> – 2 <i>required</i> :   | Teaching Golf, Teaching Tennis                               | 4                    |
| <u>Fitness</u> –  | Teaching Exercise and Health Related Fitness                 | 2                    |
| <u>Dance &amp; Rhythms</u> –  | Teaching Dance and Rhythms                                   | 2                    |
| <u>Leisure</u> –  | Teaching Lifelong Leisure Activities                         | 2                    |
| <b>TECHNOLOGY/COMMUNICATION</b>   |  | <b>6 HOURS</b>       |
| COM 101   | Essentials of Public Address                                 | 3                    |
| EDT 280   | Classroom Applications of Computers                          | 3                    |
| <b>APPROVED ELECTIVES</b>   |  | <b>0-3 HOURS</b>     |
| <b>TOTAL</b>  |  | <b>189-191 HOURS</b> |

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| <b>APPROVED ELECTIVES</b>   |  | <b>0-3 HOURS</b>     |
| <b>TOTAL</b>  |  | <b>190-192 HOURS</b> |