



Children's Burn Awareness Program

Burn Injury Prevention Checklist

The majority of burn injuries are preventable. Keep you home and your children safe by identifying burn hazards and following these saftey measures. It is also important to be aware that almost one-third of all childhood burns are the result of neglect or abuse.

For further information you may contact Children's Burn Awareness Program (312) 702-7630 in collaboration with Beta Theta Pi fraternity 1 (800) 800-BETA.

Prevent Electrical Injuries

Read and follow directions when using electrical appliances.

Replace worn or frayed electrical cords and plugs.

Insert child-proof caps in unused outlets.

Never overload wall outlets or extension cords.

Keep electrical cords from dangling.

Do not run extension cords under rugs or through door jambs.

Avoid sources of high-voltage power and never touch anything near fallen power lines.

Keep electrical appliances away from water.

Prevent Flame Burns

Install a smoke detector on every floor and regularly check batteries.

Plan fire escape routes and have fire drills.

Keep a fire extinguisher in the kitchen.

Equip fireplace with a screen and spark arrester.

Do not smoke, especially while in bed.

Store and use gasoline and other flammables carefully.

Do not pour lighter fluid onto barbecue coals once the fire has started.

Never add fuel to a hot lawn mower or motorbike.

Keep matches and lighters in a safe child-proof place.

Locate space heaters away from drapes and furniture.

Keep combustables away from appliances which produce heat.

Teach children that matches and lighters are tools, not toys.

Do not use fireworks.

Prevent Scald Burns

Lower the thermostat of water heaters to 125F or less.

Install anti-scald devices in faucets and shower heads.

Always turn on cold water faucets first, then add hot water.

Always turn off hot water first.

Test bath water temperature with your hand prior to bathing.

Turn pot handles "in" when cooking and use back burners of the stove.

Do not store snacks in the cabinet above the stove.

Keep children at a safe distance when pouring hot liquids.

Never drink hot liquids while holding an infant or toddler.
Never use table cloths or placemats if toddlers are present.
Test food that has been microwaved before giving to children.
Never remove caps from hot automobile radiators.

Prevent Contact Burns

Use pot holder or oven mitts when handling hot objects.
Cover home radiators.
Children should never use heating pads, curling irons or sun lamps.
Keep oven door closed while cooking.
Dispose of hot charcoal from barbecue grills and campfires appropriately.
Check metal playground equipment exposed to direct sun before allowing children to use it.