



Boundaries and Dual Relationships in Therapy: Ethical & Clinical Explorations

JULY 25, 2008 8:30 AM– 4:30 PM

Nutter Center Berry Room

Presenter

Ofer Zur, Ph.D., is an ethics consultant and clinical psychologist in private practice in Sonoma, CA. He is also an academician, forensic consultant and author. Dr. Zur's first book, *Dual Relationship and Psychotherapy*, co-edited with Dr. Arnold Lazarus, was seminal in the field. His most recent book (2007), *Boundaries in Psychotherapy: Ethical and Clinical Explorations*, addresses changing and contemporary views regarding therapeutic boundaries and dual relationships. This book gives careful consideration to what constitutes a boundary violation vs what constitutes boundary crossing. It explores the difficult ethical and clinical complexities involved in boundary issues, including gift exchange, billing and bartering, nonsexual touch, therapist self-disclosure, place of service delivery, and dual relationships. Dr. Zur does not offer simple answers to these gray areas but rather examines the nature of boundaries. He has been a leading advocate in helping mental health professionals to reexamine rigid and fearful risk management practices, moving them towards more fluid, practical and effective approaches to therapeutic boundaries.

Overview

This is a six (6) hour American Psychological Association approved workshop designed to assist beginning and seasoned practitioners and supervisors in differentiating issues relative to therapeutic boundary violations versus more rigid and harmful ones. Using clips from popular movies (i.e., *What About Bob*, *Good Will Hunting*, *Deconstructing Harry*, *Prime*), Dr. Zur will highlight expanding contemporary research and literature demonstrating that more flexible therapeutic boundaries can enhance therapeutic alliance and clinical outcome. He will also offer an alternative to more traditional and inflexible boundary considerations that paradoxically decrease therapeutic effectiveness. His goals are to assist workshop participants as they seek greater integrity, authenticity and ethical risk management in their practices.

Learning Objectives

This course will teach therapists to:

1. Utilize sound, ethical decisions in regard to the implementation of nonsexual, non-exploitative boundary crossings and dual relationships in psychotherapy.
2. Define and identify boundary crossings and boundary violations and dual relationships.
3. Apply your interventions based on clinical rationale and knowledge of the law and ethics rather than on fear of attorneys and boards.
4. Assess when it is clinically advisable to cross boundaries.
5. Prepare clients, with the understanding of informed consent, in regard to boundary crossings, such as touch, bartering, telehealth and dual relationships.

Learning Outcomes

1. Become expert in knowing the differences among boundary crossing, boundary violation and dual relationships.
2. Improve ethical decision-making in these areas.
3. Use clinical rationale and knowledge of law and ethics rather than fear of attorneys and boards in your practice.

Day Schedule

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| 8:30- 9:00am | Registration/Check-In |
| 9:00-10:30am | Therapeutic Boundaries, Boundary Crossing and Boundary Violation **15 minute break** |
| 10:45-12noon | Touch, Self-Disclosure, Gifts: Standard of Care and Ethics Codes **1 hour lunch** |
| 1:00-2:30pm | Bartering, Out-Of-Office, Home Office, Fees, Multiple Relationships: Ethics and Standard of Care Considerations **15 minute break** |
| 2:45- 4:00pm | Risk of Risk Management, Record Keeping, Consultations, Treatment Plans, Ethical Decision Making |
| 4:00-4:30pm | Questions & Answers |

Registration

The workshop fee is **\$100.00**; \$20.00 for students, interns, and postdocs with documentation. Please fill out and mail or fax back the attached preregistration form along with your payment. **Registration priority and fee waiver** will be extended to WSU-SOPP core and supervising clinical faculty only, if registrar by July 11th. For all others fee payment will be required. Registration is required for all workshop participants. Space is limited, so register early. The workshop will be held at the WSU Nutter Center, Berry Room (located at front north side of building), 3640 Colonel Glen Hwy. Dayton, OH 45435.

For additional information, call: 937\775-4308. Make checks payable to Wright State University. Fax or mail to: CE Director, WSU-SOPP, Ellis Institute, 9 N. Edwin C. Moses Blvd., Dayton, OH 45402; Fax: 937\775-4323. Registration will not be accepted without payment. No refunds after Friday, July 18th.

Continuing Education

Six (6) CE credits for Psychologists & Counselors (APA, OPA, & CSWMFT): CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes late or leaving before the workshop is completed will not receive CE credits. WSU-SOPP is approved by the American Psychological Association and by the OPA-MCE (Approved Provider #310732831) to offer CE for psychologists and maintains responsibility for the program. **This workshop fulfills the Ohio CE Ethics requirement for psychologists. The College of Education and Human Services' Division of Professional Development is an approved provider of CE by The Counselor, Social Worker and Marriage and Family Therapist Board (Approved Provider #RCX128811 and #RSX048807).

"Preparing Tomorrow's Psychologists for a World of Diversity"

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