

## Selecting and Prioritizing Internships

The following rating form was published in the APPIC Winter 1996 Newsletter by Christopher Ebbe, Ph.D., ABPP. It was composed as an aid to applicants to organize their priority list of internships. Each item is to be rated with a five-point scale (5=excellent, 4=good, 3=OK, 2=marginal, 1=poor). We have included it in our internship information packet for your use.

<b>Variable</b>	<b>Site 1</b>	<b>Site 2</b>	<b>Site 3</b>	<b>Site 4</b>
Match of internship with your general training needs				
Opportunities to meet your specialized training goals				
Accreditation				
Stipend amount				
Benefits				
Clinical setting				
Client populations (age, gender, ethnicity, types of problems, etc.)				
Supervising staff (background, experience, competence)				
Supervision provided				
Didactic opportunities				
Rotation opportunities				
Number of interns				
Theoretical orientation				
Training in testing				
Long-term treatment				
Short-term treatment				
Research opportunities				
Cultural competency training				
Physical facilities				
Audio/visual facilities				
Office space				
"Structuredness" of program				

<b>Variable</b>	<b>Site 1</b>	<b>Site 2</b>	<b>Site 3</b>	<b>Site 4</b>
“Attitude” of program toward you				
Opportunities to develop professional identity				
Opportunities for personal growth during training				
Total internship hours				
Start date				
Time off				
Hours per week of work				
Schedule of work hours				
Productivity required				
Feedback from previous and current interns				
Recommendations of professors				
Area cost of living				
Desirability of location (urban/rural, region)				
Compatibility with where you want to work after graduation				
Career opportunities in area for significant other				
Distance from family and/or significant other				
Value to you of program’s prestige				
Your competitiveness in comparison to site’s applicant pool				
Other				