

Press Release

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FOR IMMEDIATE RELEASE

GIRLS GOT ISSUES AND DR. DENT IS NOT AFRAID TO TALK ABOUT THEM

Girls Got Issues: A Woman's Guide to Self-discovery and Healing is available now. Girls Got Issues: A Woman's Guide to Self-Discovery and Healing addresses the various problems that women carry with them from childhood in to adulthood. Serving as a "self-awareness" book, Girls Got Issues assists women in defining the issues they face, why the issues exist, and how to move beyond them. Such goals are accomplished through self-assessment quizzes and other assignments that allow women to begin to take a true inventory of where they are in their lives and how they can become more fulfilled.

Dr. Tyffani Monford Dent is a licensed psychologist who, in her work with girls and young women, came to recognize the multitude of "issues" experienced by them. In Girls Got Issues, she goes delves in to topics such as sexual abuse, toxic relationships, and stress with the goal of helping women begin to heal.

Girls Got Issues is available on amazon.com, other internet retailers, and at www.monforddentconsulting.com