

Dear Employee,

It can be frustrating when personal and/or work related problems surface and it's unclear where to turn for help. When complications arise from stress, marital and family issues, parenting challenges, depression, anxiety, substance use, and other emotional concerns, it's comforting to have someone to talk to.

Wright State University is proud to make available to you, as a complimentary benefit, the IMPACT Faculty & Staff Assistance Program (FSAP), offering confidential support for you and your household members, dependents living away from home, and parents & parents-in-law.

Professional phone support is available around-the-clock, on an unlimited basis, offering you and your family members peace of mind that there is always someone to talk to, 24 hours a day, 365 days a year. Face-to-face counseling is also available, with up to 6 sessions included per problem occurrence.

Additional features include:

- » A web-based portal with articles, resources, and interactive features
- » Legal, financial, and identity theft assistance
- » Child and elder-care assistance
- » Referrals to community resources
- » And more...

Please detach and retain the wallet cards below in an accessible location as a reference for when you need to connect with the IMPACT FSAP.

We look forward to hearing from you,

The IMPACT Solutions Team



