Wright State’s Faculty and Staff Assistance Program (FSAP)
What is an Employee Assistance Program?

The primary objective of the EAP is to provide:

» a comprehensive assessment,

» non-medical, short-term solution focused counseling,

» support,

» strategies to address immediate needs and stressors and

» an action plan and recommendations for further intervention, when appropriate.
Who is eligible for services?

» All faculty and staff

» All household members, dependents and non-dependents
  ‣ Dependents away from home
  ‣ Parents and parents-in-law of the employee
Services Available

» Live 24/7 IMMEDIATE response by licensed mental health professionals

» 6 complimentary counseling sessions per issue, per year on stress, depression, relationship issues, addiction etc

» Work/life assistance such as child and elder care, legal and financial assistance, identify theft and recovery, health and wellness and daily issues
Services Available

» Web-based wellness and work/life resources, including
  • Self-search referral locators
  • Interactive personal development programs
  • Health risk assessment tools
  • WebMD
  • Savings center
  • Financial calculators
  • Legal documents
  • And much more…

» www.myimpactsolution.com
More Services Available

» Legal
  › Complimentary 30 minute consultation, 25% discount
  › Consult with attorneys in your state pertaining to family law, power of attorney, living wills, real estate, etc.

» Financial
  › Financial planning services
  › Debt management assistance
  › Bankruptcy prevention
  › Credit report review
  › Educational materials
  › Housing education
IMPACT Employee Assistance Program

More Services Available

» Identity Theft and Recovery
   ‣ Free identity monitoring through Control Your ID
   ‣ Complimentary, professional assistance to
     ‡ help you identify ways to protect yourself from identity theft and/or
     ‡ guide you through the recovery process if you have already been the victim of identity theft

» Elder care Assistance
   ‣ Referral to Elder Care Specialist
   ‣ Caring for the elderly, caring for caregivers, education and support, networking, Alzheimer’s and Dementia
**Case Example**
45 year old Sally is a 20 year employee with an excellent performance history. She is currently in the midst of a divorce, attempting to quit smoking, has financial hardships and caring for an elderly mother.

**Financial Counseling Specialist**
Sally is then warm transferred to IMPACT’s financial counseling service to address debt issues and collection calls.

**EAP Phone Support**
Sally speaks with a master level licensed mental health professional who provides in-the-moment support and a complete assessment.

**Counseling Referral Authorized**
EAP phone counselor sends assessment findings to local network counselor to address depression & anxiety.

**IMPACT Website Education**
EAP Phone counselor refers Sally to the “Quit Center” on the IMPACT website for information and tools to help her quit smoking.

**Elder Care Specialist**
Sally receives a referral to an eldercare specialist who provides respite services and home health support referrals.

**Follow Up**
Sally is called in two weeks to assess her progress. At 6 weeks Sally is sent an outcome survey by email.
IMPACT Solutions is a premier leader in the EAP & Work/Life Field

We are big enough to provide extensive depth and reach... but small enough to care.

> Read more about IMPACT

We are the official EAP Provider of the Inter-University Council of Ohio.

IUC selects IMPACT

Read more>

IMPACT Solutions is widely recognized as a leader in the EAP field.

Higher Education EAP & Work/Life Specialists
IMPACT on the Web
The IMPACT Program is a benefit for daily life matters, offering access to confidential professional support 24 hours a day, 365 days a year.

For Live Immediate Assistance Call 1-800-227-6007

Member Login
Please enter your *Username* to access Work Life Services.
Username* 
Submit

HR/Manager Login
Please enter your *Username* and *Password* to access Work Life Services.
Username*
Password*
Submit

Forgot your username or password? Contact IMPACT at 1-800-227-6007 for assistance.
Welcome Wright State University

Thank you for visiting the Confidential IMPACT Solutions Employee Assistance & Work/Life Program on the web. The IMPACT Solutions staff is here for you and your family 24/7. To learn more about what IMPACT provides click here or call 800-227-6007.

You can also e-mail your account manager, Mona Fitz, with non-urgent questions by clicking here, or simply call the toll-free hotline at 1-800-227-6007.

We believe that no challenge is too difficult to overcome with the support of qualified professionals and appropriate resources, and we are here to help.

Sincerely,
The IMPACT Solutions Team
Guidelines for Keeping Your Friendships Strong

Work on building your self-esteem by treating yourself well—eating healthy foods, getting plenty of exercise and rest, doing things that you enjoy—and by reminding yourself over and over that you are a very special and worthwhile person.

Learn more about: Guidelines for Keeping Your Friendships Strong

Give us your thoughts...

How do you stay close to loved ones?

- They are my #1 priority.
- It’s just natural to me.
- I’ve been asking myself.
- I don’t.

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- Advanced Search
- Request a Call Back
- Suggest a Topic
- What’s New?
To leverage WSU’s Faculty Staff Assistance Program

Call 24/7

1-800-227-6007

or visit

www.myimpactsolution.com