## Equipment Rentals

### Outdoor Resource Center

037 Student Union  
(937)-775-5019  
www.wright.edu/outdoor

<table>
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We are Hiring!

Are you interested in getting paid to lead outdoor trips? Apply today! We will train you to be a strong leader and help you gain new outdoor skills to share with others. Get paid to go kayaking, climbing, backpacking, biking, canoeing, and more! Monthly meetings will be held during spring semester of 2020.

*Mandatory* set training dates are as follow:

**Wilderness First Aid:** March 14 & 15, 2020. Cost: $220.00

Or **Wilderness First Responder:** January 6 - January 10, 2020. Cost: $625

**Low Ropes Facilitator Training:** April 4 & 5, 2020. Free to Trip Leaders in Training

**Backpacking Training Trip to Dolly Sods Wilderness, West Virginia:**
Saturday, May 2 - Saturday, May 9, 2020. Free to Trip Leaders in Training

Don’t miss out on this incredible job opportunity! Apply *asap* as spots fill quickly.

Low Ropes Facilitator Training

**April 4 & 5, 2020, 9 am - 5 pm**

**Wright State University Challenge Course**

Are you interested in becoming a stronger leader? Train to be a Low Ropes Challenge Course Facilitator! The Wright State Low Ropes Course contains 12 elements built specifically to help groups explore their inner dynamics and help build relationships. The elements are diverse and vary greatly in the degree of physical and mental involvement required for a group to succeed. The facilitator’s role is crucial on the challenge course. This weekend training will take you through the course both as a participant and facilitator; you will learn new games, initiatives, and debriefing techniques. This is an active, hands-on, experimental training. If you are looking to add leadership to your resume, you have found an incredible opportunity.
Spring 2020 Preview

Ski & Snowboard
Saturday, January 25, 2020, 9 am - 10 pm
Perfect North Slopes, Indiana

Snow Tubing
Friday, February 7, 5 - 11 pm
Mad River Mountain, Ohio

Ice Climbing
Saturday, February 22 - Sunday, February 23
Fenton, Michigan

Grand Canyon Backpacking
Saturday, February 29 - Sunday, March 8
Grand Canyon National Park, Arizona

Florida Paddle Adventure
Saturday, February 29 - Saturday, March 7
Ocala National Forest & Daytona Beach, Florida

August

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<td>Flatwater Kayaking</td>
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<td>Sunset Kayak Paddle</td>
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<td>Sep 4</td>
<td>Volunteer River Clean Up</td>
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<td>Team Bike Ride Yoga in Nature</td>
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<td>Bike to Campus Pancake Breakfast</td>
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<td>Flatwater Kayaking</td>
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**Santa Fe Backpacking & Snowshoeing**

**Saturday, January 4 - Sunday, January 12, 2020**

**Santa Fe National Forest, New Mexico**

Challenge yourself this winter break to backpack with snowshoes in New Mexico! We will spend five days backpacking approximately 25 miles and camping along Santa Fe National Forest, viewing wildlife, pinion pines, sagebrush, and enjoying winter time. At the end of the trip, soak in the Hot Springs in Pagosa Springs, Colorado to reward yourself from a hard-weeks work.

**Cost:** $475.00

**Cost Includes:** Transportation in 12 passenger van to and from WSU, all large equipment needs, meals on trail, Trip Leaders/Guides, campsite fees, permit fees, post trip hotel, and hot springs entrance fee

**Activity Level:** Intermediate/Strenuous. Participants do not need prior backpacking or snowshoeing experience. Participants must be able to carry up to a 40lbs backpack for up to 8 miles a day. *Must pass our fitness test of completing two miles with a 40 lb pack on an inclined treadmill in one hour*

**Registration Closes:** November 22, 2019 or when full. This trip is first come. Register with $100 deposit in Outdoor Resource Center.
Winter Break Trips

Sea Kayaking the Gulf of Mexico

Saturday, December 14 - Sunday, December 22
10,000 Islands, Florida

Shed your winter layers and dust off your bathing suit for a sea kayaking adventure in the Gulf of Mexico! Camp on white, sandy beaches and perhaps catch a glimpse of a manatee, sea turtle and certainly a dolphin! This trip will spend the first day practicing skills with a sea kayaking 101 crash course. Once everyone has mastered the strokes the group will head out into the Gulf off the Everglades coast and into the Land of 10,000 Islands. Participants on this trip will gain skills such on-water navigation, proper kayak strokes, safety, and rescues.

Cost: $450

Cost Includes: ORC ACA certified trip leaders, all equipment, meals on location, all permits, camping fees, and transportation from WSU in 12 passenger van.

Registration: Up to 8 participants Preregistration with $100 deposit required by Friday, Nov 8

Activity Level: Intermediate- Advanced, must be able to kayak independently for up to six miles a day in open water, possess strong swimming skills, and take care of personal needs while camping on primitive islands. *No prior kayaking experience necessary*
## Outdoor Skills Series

Join us in the Student Union Atrium as we go over the basics of outdoor skills!

**Leave No Trace**: Tuesday, September 17, 4 pm to 5 pm

**Intro to Longboarding**: Wednesday, September 25, 4 pm to 5 pm

**Hammock Camping**: Tuesday, October 1, 3 to 4 p.m. *Held in Climbing Gym

**Intro to Backpacking**: Wednesday, October 9, 5 pm to 6 pm *In Climbing Gym

**Intro to Paddling**: Tuesday, October 29, 4 pm to 5 pm

**Backcountry Cooking**: Tuesday, November 5, 4 pm to 5 pm

**Basics of Camping**: Wednesday, November 20, 4 pm to 5 pm

**Map & Compass**: Monday, November 25, 3 pm to 4 pm

### S’more S’mores Please

**Friday, September 27, 11 am - 2 pm**
**Outside Student Union and Hamilton Hall**

Roast a s’more by our campfire and learn all about our trips and clinics we offer!

Cost: FREE

### Bicycle Maintenance

**Tuesday October 15, 4 - 5 pm**
**Student Union Atrium**

Join Five Rivers Metroparks Biking Staff as they teach us all about keeping your bike running like new. Learn how to change a tire, fix a patch, and more!

Cost: free

**Registration**: None, just show up!
### Red River Gorge Backpacking
**Saturday, October 12 - Sunday, October 13**
Red River Gorge, Kentucky

Experience backpacking in one of the most picturesque places within driving distance of Ohio — Red River Gorge, Kentucky. Hike a 12 mile loop over the course of 2 days, spending one night in a campsite. Explore the backcountry of Daniel Boone National Forest, an area that features arches, stunning vistas, spring flowers, and foliage.

**Cost:** $100  
**Cost Includes:** ORC trip leaders, all equipment, meals on location, all permits, camping fees, and transportation from WSU in 12 passenger van.

**Registration:** Up to 10 participants. Register in the Outdoor Resource Center.

**Activity Level:** Beginner - Advanced, must be able to hike independently on moderate-strenuous trail while carrying up to a 40 lb backpack.

### Three Ridges Wilderness Backpacking
**Saturday, November 9 - Monday, November 11**
Three Ridges Wilderness, Virginia

Challenge yourself to this difficult but beautiful 14 mile hike on the Three Ridges Wilderness Loop Trail. We will hike southbound on a section of the Appalachian Trail, and loop back north on the Mau Har, a challenging blue-blaze trail featuring several waterfalls and small pools, sleeping in two AT shelters throughout the trip.

**Cost:** $150  
**Cost Includes:** ORC trip leaders, all backpacking equipment, meals on location, all permits, camping fees, and transportation from WSU.

**Activity Level:** Beginner – Advanced. Must be able to hike independently on moderate to strenuous terrain while carrying a 40 lb backpack.
Will Bike for Ice Cream

Thursday, September 19, 6 - 8 pm
Wright State —> Jubie's Creamery

Join the WSU biking community for a ride to the ultimate treat -- ICE CREAM! Bring out your helmet and bike and meet in front of the student union at 6 p.m. We will all bike a roundtrip of 6 miles on the bike path to Jubie's Creamery in Fairborn and back.

Cost: free to join the bike ride. Ice cream ranges from $2-$8

Registration: Please register in the ORC 037 Student Union

*Don't have a bike? We can help you rent one. Contact us to set it up.

Try Mountain Biking

Monday, September 23, 5 - 8 pm
MoMBa Mountain Bike Area

Is not owning a mountain bike keeping you from trying it? If so, then come out to the MetroParks Mountain Bike Area and use one of their bikes to ride a few laps around the trails. MoMBA is a great resource for students to ride near campus and you will gain new mountain biking skills.

Cost: $15

Cost Includes: Mountain bike, helmet, introduction to mountain biking instruction, and transportation from Wright State. *option to meet us on location at 5:30

Registration: Register in the ORC by noon on September 23.
Biking

Wright State Team Bike Ride

- Friday, June 14, 7 - 10 am
- Friday, July 12, 7 - 10 am
- Friday, August 9, 7 - 10 am
- Friday, September 13, 7 - 10 am
- Friday, October 11, 7 - 10 am

Faculty, Staff, and Students: Come together in a monthly bike ride, the second Friday of each warm month! Each ride will be approximately 20 miles and starts from campus. We will meet behind the Student Union at the Alumni Tower and head to various spots in the area on mostly bike path.

Cost: Free and open to all Wright State Community

What to bring: your bike, helmet, water, snack, bike lock, and any extra maintenance gear. Wear Wright State jersey or shirt to represent our team!

Registration: Just show up to the Alumni Tower for each ride

**Don't have a bike? We can help you rent one. Contact us to set it up.

**Keep an eye on Campus Recreation Social Media for weather updates**

Bike to Campus Pancake Breakfast

- Friday September 6, 7:30 - 10 am
- In between Student Union and Hamilton Hall

Ride your bike to campus and get free pancakes! Save gas and start your day with exercise and yummy pancakes.

Cost: Free and open to all who ride their bike to campus that morning

**Keep an eye on Campus Recreation Social Media for weather updates**

Community Events

Outdoor Experience

Saturday, October 6 & Sunday, October 6
Eastwood Metropark, Dayton

There is so much to do at the Wagner Subaru Outdoor Experience that you can spend the whole day! Spend the night in the FREE campground and then spend the day trying more than 20 activities, competing, watching professional demos, connecting with national and local outdoor adventure exhibitors, shopping for new and used gear, and winning awesome prizes! This event is free to attend!

The Adventure Summit

Friday, February 14 & Saturday, February 15
Wright State University Student Union

Join us for a weekend celebrating outdoor culture! As a joint production of Five Rivers MetroParks and Wright State University, The Adventure Summit is an event celebrating the spirit of outdoor adventure by showcasing the vibrant lifestyle and culture of human powered endeavors through inspiration, education, and experience.

The Adventure Summit serves the adventure market from skill clinics and hands-on trainings from some of the world’s leading experts to showcasing local places to play and locals who have played around the world. Compete in our Bouldering Competition, Canoe Battleship, or Indoor Triathlon, try paddle sports in the pool, listen to 40+ presentations, attend the Summit Soiree and Party with the Pros, take a fitness class, attend the expo, listen to live music, and more! Adventure with us at this free event!
**Indoor Climbing Gym**

041 Student Union  
Monday - Friday 4pm-8pm  
Lunchtime Bouldering: Wednesdays 12-1 pm

The indoor climbing facility is **FREE** for WSU students with a current Wright1 Card. **There is a $5.00 daily guest fee;** all guests must be accompanied by a current Wright1 Card holder. **First time users must bring a photo ID to register.** Children 12 and under climb free with a WSU Fitness Center Member, and must be accompanied by an adult.

Registration and “check in” for the Climbing Gym takes place in the Outdoor Resource Center, 037 Student Union.

**Group Reservations:** Groups may reserve the climbing wall during hours the wall is not open. Reservations should be made a minimum of 2 weeks in advance.

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<td>18-24</td>
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**Equipment:** Harnesses are available at no cost in the Outdoor Resource Center. **Shoe rentals cost $1.** To rent shoes you must have socks. Gri Gri’s are the only belay devices permitted, and you must use ours.

**Belay Classes:** During normal climbing gym hours. Ask one of our staff to teach you how to belay! Free!

**Women’s Wednesdays:** Free shoe rentals for all women!

**Men’s Mondays:** Free shoe rentals for all men!

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**Caving**

**Caverns & Horseback Riding**

Saturday, August 3, 8:30 am - 6 pm  
Ohio Caverns

Join us on a trip north to explore Ohio Caverns and horseback ride in the green hills of Ohio!

Experience the natural wonder of caves and learn about their history.

Then rest and enjoy food from Six Hundred Downtown before heading to Marmon Valley Farms. After our day of adventures we will return to WSU in the evening.

**Cost:** $120

**Cost Includes:** Includes ORC trip leaders, admission costs, horseback ride, cave tour, lunch, and transportation from WSU.

**Activity Level:** Beginner-intermediate. Must not be terrified of dark spaces or large farm animals.

**Registration:** Up to 8 participants. Registration required by Monday, July 29th.
Outdoor Fitness

Yoga in Nature

Mondays, June 17, July 1, July 15, July 29, 12:15 - 1 pm
Fridays, Aug 30, Sept 13, Oct 4, Oct 25, 12:15 - 1 pm
Wright State University Garden for the Senses

Get outside and enjoy an energizing yoga class surrounded by the beauty of the Garden. Your mind, body and spirit will awaken as you breathe, stretch and flow. Bring your yoga mat if you have one, otherwise one will be provided.

Cost: Free for all WSU students, staff, & faculty

Activity Level: Beginner—Advanced

Registration: Sign in at the Garden for the Senses the day of

**Check Campus Rec Facebook and Twitter for weather updates

Trail Run

Monday, October 21, 8:00 - 8:30 a.m.
Wright State Hiking Trails

Start off your morning with a group trail run! We will meet behind the Student Union at the Alumni Tower and run through the trails on campus. Enjoy the fall leaves, mingle with fellow WSU runners, and get a good work out.

Cost: Free for all WSU students, staff, & faculty

Activity Level: Beginner—Advanced—we will be running around 2 miles with a 10 min per mile pace. *Please note that you are welcome to walk/ run or go at your own pace

Registration: Sign in the day of

**Check Campus Rec Facebook and Twitter for weather updates

Challenge Course

Low Ropes Course

The WSU Low Ropes Course contains 13 elements built specifically to help explore the inner dynamics of your group. The elements are diverse and vary greatly in the degree of physical and mental involvement required for a group to succeed. This allows the facilitator to sequence the elements to fit the specific needs and wants of your group. Many of the Low Ropes elements are designed to get participants a few feet off the ground, creating an atmosphere of elevated risk, which fosters an environment for groups to focus on communication and trust.

Relationships are built and expanded on the course through strategic planning and problem solving. Learning takes place through open communication and allows group members to form greater self-awareness about their own role within the group and the individual strengths and weaknesses of their peers.

<table>
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<th>Level 2 University Groups &amp; Non-Profit</th>
<th>Level 3 Corporate Groups &amp; Other Organizations</th>
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Climbing

Outdoor Skills Series: Intro to Rock Climbing
Thursday, August 29, 3 - 4 pm
Wright State Indoor Climbing Wall

This class will focus on the basics of climbing to make sure you are safe and having fun. You will learn the different grades of climbing, needed equipment, climbing technique, and more!

Cost: FREE to WSU students, staff, and faculty
Registration: Register at the ORC office the day of
Activity Level: Beginner

Outdoor Skills Series: Climbing Techniques
Wednesday, October 23, 3 - 4 pm
Wright State Indoor Climbing Wall

This is a great opportunity to sharpen your skills. The class will focus on safety and climbing technique. You will learn how to find balance through footwork, optimal body positions, and hard-to-find rests.

Cost: Free to WSU students, staff, and faculty
Registration: Register at the ORC office the day of
Activity Level: Beginner—Advanced

Outdoor Skills Series: Climbing Techniques
Wednesday, October 23, 3 - 4 pm
Wright State Indoor Climbing Wall

This class will focus on the basics of climbing to make sure you are safe and having fun. You will learn the different grades of climbing, needed equipment, climbing technique, and more!

Cost: Free to WSU students, staff, and faculty
Registration: Register at the ORC office the day of
Activity Level: Beginner

Lunchtime Bouldering
Wednesdays, 12 - 1 pm
Wright State Indoor Climbing Wall

Spend your lunch hour bouldering with your friends and the ORC. This will be the perfect time to focus on technique, as the gym will only be open for bouldering.

Cost: Free to WSU students, staff, and faculty
Registration: Normal office check-in

Hiking & Camping

John Bryan Campout with UCIE
Saturday, September 21, 2 pm - Sunday, September 22, 11 am
John Bryan State Park

Enjoy the fall colors and camp under the stars with Campus Recreation and University Center for International Education! We will be hiking and camping at John Bryan State Park to enjoy the crisp air. Roast a hot dog or perhaps a s'more over the warm campfire as we relax and enjoy a night off from classes.

Cost: $45
Cost Includes: transportation from WSU, dinner and breakfast, all camping equipment, camping fees, and ORC trip leaders.
Activity Level: All levels
Registration: Register in the Outdoor Resource Center, 037 Student Union

Hocking Hills Day Hike
Saturday, November 23, 9 am - 6 pm
Hocking Hills, Ohio

Enjoy the natural splendor on this 6 mile hike from Old Man's Cave to Ash Cave. Encounter cliffs, waterfalls, and the beautiful forests that hocking hills has to offer. End up at Ash Cave and enjoy the sandy recess and the beautiful waterfall all in the splendid colors of fall.

Cost: $30
Cost Includes: ORC trip leaders, lunch, all permits, and transportation from WSU in 12 passenger van.
Registration: Up to 10 participants. Preregistration required by Wednesday, November 20 in Outdoor Resource Center, 037 Student Union
Activity Level: Beginner - Advanced
Paddling

River Clean Up
Sunday, September 8, 1 - 4 pm
Location TBD based on need

Give back to your favorite paddling areas by picking up litter and trash left behind from the season. Join us as we bring our kayaks, lifejackets, paddles, and trash bags to clean up needed water sources around the Dayton area.

Cost: free  Registration: You must register by Friday, September 6.

Sunset Kayak Paddle
Thursday, September 12, 6 - 8:30 pm
Eastwood Metropark, Blue Lake

Enjoy the colors of the sunset on this peaceful paddle! Listen to the birds, watch the sky, view the fall foliage, and enjoy being on the water for an evening.

Cost: $20.00  Cost Includes: Instruction from an ACA Certified Instructor, kayak, paddle, life jacket and transportation from WSU. (It is also an option to meet us on location)

Registration: You must register a minimum of 24 hrs. in advance.

Try Paddling Series
Try and balance yourself in the safety of the pool. Paddle around or perhaps take a shot at SUP Yoga- it's your call! We will have all equipment and instructors at each try-it to answer any questions or help you perfect your strokes.

Cost: Free  Registration: Just show up to the pool. Wear a bathing suit or something you don’t mind getting wet

Stand Up Paddleboarding: Friday, September 20, 2 - 4 pm
Canoeing: Friday, October 18, 2 - 4 pm
Kayaking: Friday, November 15, 2 - 4 pm

Mad River Gorge Outdoor Rock Climbing
Saturday, October 26, 9 am - 5 pm
Mad River Gorge, Springfield, Ohio

Get out and climb with the ORC as we take to the cliffs of Mad River Gorge for an afternoon of rock climbing. This location is BRAND NEW for climbers and offers a natural rock setting. This is the perfect opportunity for those wishing to take the skills they have acquired climbing at the gym out onto some real, old fashioned rock or for those wanting to try climbing for the first time. We’ll bring the equipment, know-how, and instruction; you bring the positive attitude and desire to reach the top.

Cost: $40

Cost Includes: Equipment, instruction, lunch, and transportation from WSU.

Registration: You must register by Wednesday, October 23. Space is limited to

Monster Wall Crawl
Thursday, October 31, 4 - 8 pm
Wright State Indoor Climbing Wall

Join the your fellow climbers at the climbing wall for a fun night of climbing and goodies! Wear your best costume for the costume contest and festivities.

Cost: FREE for WSU students, staff, & faculty

Registration: Check-in at the office the day of

Outdoor Skills Series: Anchor Building
Tuesday, December 3, 4 - 5 pm
Wright State Indoor Climbing Wall

Learn the basic and essential knots, concepts, and skills for building anchors for top-rope climbing systems.

Cost: Free to WSU students, staff, and faculty
Paddling

Quick Start to Paddling

Saturday, July 6, 13, 20, or 27, 2:30 - 3:30 pm
Miamisburg

This one hour introduction to paddling will begin on shore with important basics to get started. Instructors will outfit participants with necessary equipment and demonstrate various paddling strokes on shore to be practiced before getting on the water. Instructors will also give directions of what to do in case one capsizes. New paddlers will be instructed how to carry kayaks to the water, and how to properly enter and exit the kayak. Once on the water everyone will have an opportunity to practice strokes and learn a few maneuvers while paddling between Linden Ave Bridge and the 725 Bridge. This is a great opportunity to experience the city from the river and try paddling.

Cost: $15  Cost Includes: Instruction from ACA instructor and all equipment
Registration: Register through City of Miamisburg

Paddle the Great Miami

Saturday, July 6, 13, 20, or 27, 4 - 5:30 p.m.
Case Landing to Rice Field, Miamisburg

This paddle trip begins with an abbreviated Quick Start to Paddling Class. Once everyone has been properly outfitted and had an opportunity to practice their skills between the Linden Ave Bridge and the 725 Bridge the group will paddle 2 miles down the Great Miami River to Rice Field. This trip takes approximately 30-45 minutes and is a great way to experience a section of the river that is wide and calm. This is a wonderful experience for beginners. Transportation is provided back to Case Landing from Rice Field if needed.

Cost: $20  Cost Includes: Instruction from ACA Instructor and all equipment
Registration: Register through City of Miamisburg

Boundary Waters Canoe Trip

Friday, August 2 - Friday, August 9
Boundary Waters, Ely, Minnesota

Canoe and camp with us in the beautiful Boundary Waters while learning the skills needed for canoeing, portaging, and wilderness camping. Paddle among towering pines in this home to moose, lynx, wolves, and bald eagles. Explore this scenic wild with us!

Cost: $525  Cost Includes: guides, all equipment, meals while paddling, all permits, camping fees, two nights stay in a hostel, and transportation from WSU in 12-passenger van. Activity Level: Intermediate - Advanced, must be able to canoe independently for up to eight miles a day in open water, be able to lift and carry a canoe (with the help of another) for up to two miles, possess strong swimming skills, and take care of personal needs while camping on primitive islands. *No prior canoeing experience necessary

Registration: Up to 7 participants. $100 deposit to register. Registration closes Friday, July 5 or when full

Flatwater Kayaking

Wednesday, September 4, 5 - 8 pm
Eastwood Metropark, Blue Lake

This course will introduce participants to kayaking equipment, strokes, and maneuvers in an outdoor environment. Participants will be given the opportunity to practice techniques on their own and use them to explore the lake and play games. This class is taught with recreational kayaks. Come prepared to get wet and have fun. Cost: $20.00  Cost Includes: Instruction from an ACA Certified Instructor, kayak, paddle, life jacket and transportation from WSU. (It is also an option to meet us on location) Registration: You must register a minimum of 24 hrs. in advance.