# Equipment Rentals

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<th>Week</th>
<th>Weekend (3 Day)</th>
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For more information visit The Outdoor Resource Center
037 Student Union
(937)-775-5019
www.wright.edu/campus-recreation

www.wright.edu/campus-recreation
937-775-5019  037 Student Union
Michelle and Brian Coleman: Hiking El Camino de Santiago

When: Thursday March 14, 7:00 p.m. at Wegerzyn Gardens MetroPark

From St. Jean Pied de Port, France to Santiago de Compostela, and on to the end of the earth at Finisterre, Spain, the Coleman’s hiked on average 14 miles a day over 7 weeks to complete all 550 miles of the Camino Frances in the summer of 2017. The El Camino de Santiago is a 1200-year-old pilgrimage across Europe culminating in Santiago de Compostela, the final resting place of the Apostle St. James. The Coleman’s had days where the temperature topped out at 105º and others where it didn’t even hit 60º with 25 mph winds. They stayed in albergues, hiked over Pyrenees Mountains, wandered through the plains of the Meseta, and met incredible people from all over the world. The Coleman’s have started planning for their Camino Portugues in 2019 and will share their planning methods. They will share their adventure to inspire you to hike your own Camino.

Gudrun and Peter Seifert: Backpacking along the Giants of the Alps

When: Friday March 29, 7:00 p.m. at Wright State University

Gudrun and Peter have walked in the Alps for the last twenty years. At ages 80 and 82, they defy our perceived expectations of outdoor adventurers. They are infected by the hiking bug, and have found no cure. Fortunately, all the side-effects are positive. This past summer, they added miles and trails to their trek through the Aosta Valley in Italy. Traveling just below the ridge of the Alps, they headed west in the shadow of the Matterhorn connecting with the famous Tour Mt. Blanc route to the tiny French village of Chapieux. Come spend the evening and enjoy pictures and tales of last summer’s adventures.
Adventure Speaker Series

Wright State University and Five Rivers MetroParks partner bi-annually to bring you the Adventure Speaker Series, which is a line-up of talks geared towards outdoor-enthusiasts. Two will be hosted at Wegerzyn Gardens MetroParks, and two here at WSU.

For more information, visit:

Pete and Ainsley Savard: SUP the Susquehanna River

When: Tuesday February 12, 7:00 p.m. at Wright State University

This past summer a team lead by Pete and his 15-year old daughter set out to stand-up paddle board the Susquehanna River from source to sea. Why? To link their 30-day paddle to the need of safe sustainable water for humanity! Join us on Global Water Consortium’s #SUP4WATER adventure down the Susquehanna and see how it impacted both the team and people across the globe! On this journey you will meet new people, hear about the river and its health, and all the unexpected events that make any journey an Adventure! Sit back and enjoy the adventure as we paddle down the Susquehanna together!

Earl McDaniel: Bike Across America

When: Wednesday February 27, 7:00 p.m. at Wegerzyn Gardens MetroPark

Earl McDaniel cycled 3642 miles in 38 days while traveling through parts of 18 states to cross the United States on bicycle. The trip allowed Earl and his father, who drove his support vehicle, to see a swath of the country on a personal level. Together they faced the challenges of maneuvering through city traffic, climbing mountains, getting lost, and having the support van totaled in a deer strike. Come experience how years of planning and training paid off on a trail from the California Science Museum to Narragansett Bay, Rhode Island on two wheels.
### Intro to Kayaking

*When:* Tuesday March 19, 3:00-4:00 p.m.

Learn about proper clothing and equipment for backpacking, as well as trip-planning skills and ideas, including trips offered by the ORC. Interact with kayaks, paddles, life vests, tents, etc. and receive guidance from our Outdoor Resource Center Trip Leaders.

**Cost:** Free   **Registration:** None, just show up

### Backcountry Cooking

*When:* Thursday March 28, 5:00-6:00 p.m.

Learn the proper equipment and meal planning to make your meals in the backcountry a success. Whether you’re a novice or expert cook, this course will provide you with the knowledge and skills to create your own breakfasts, lunches, and dinners. See meals prepared on a backcountry stove and taste different recipes. Vegetarian and meat-eater friendly.

**Cost:** Free

**Registration:** None, just show up

### Hammock Camping

*When:* Wednesday April 3, 4:00-5:00 p.m.

In this final installment of the Outdoor Skills Series, hang out and relax for a bit while learning how to set up a hammock, equip it for comfortable sleeping in all weather conditions, and minimize your impact.

**Cost:** Free   **Registration:** None, just show up
Outdoor Skills Series

The Outdoor Skills Series includes hour-long sessions in the Student Union Atrium, led by Outdoor Resource Center or Five Rivers MetroParks staff. These sessions provide basic introductions to outdoor activities, skills, and ethics.

Basics of Bike Repair & Maintenance

*When:* Monday February 11, 11:30 a.m. - 12:30 p.m. in the Climbing Gym

In the Basics of Bike Repair & Maintenance workshop, learn how to clean your bike, change a flat tire, maintain a tool kit, and anything else you may need to know to keep your bike running. This session will be taught by a MetroParks staff member knowledgeable in mountain and road bikes.

**Cost:** Free  
**Registration:** None, just show up

Intro to Backpacking

*When:* Monday February 18, 3:00-4:00 p.m. in the Climbing Gym

Learn about proper clothing and equipment for backpacking, as well as trip-planning skills and ideas, including trips offered by the ORC. Interact with different kinds of stoves, sleeping bags, sleeping pads, tents, backpacks, etc. and receive guidance from our Outdoor Resource Center Trip Leaders.

**Cost:** Free  
**Registration:** None, just show up

Leave No Trace

*When:* Thursday February 21, 5:00-6:00 p.m.

Leave No Trace is the most widely-accepted Outdoor Ethics System. Learn about its 7 Basic Principles, as well as its applications to outdoor activities such as backpacking, paddling, hammocks, and the use of social media, through presentations and hands-on activities from the Outdoor Resource Center Trip Leaders.

**Cost:** Free  
**Registration:** None, just show up
<table>
<thead>
<tr>
<th>April 2019</th>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
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<tr>
<td>Flatwater Kayaking</td>
<td>14 River Kayaking</td>
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<tr>
<td>Zipline &amp; Horseback Ride</td>
<td>Hammock Camping Workshop</td>
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<td>26 End of Semester Climb</td>
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</tr>
<tr>
<td>River Kayaking</td>
<td>Open Paddle</td>
<td>22</td>
<td>23</td>
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**Open Paddle**

*When:* Friday January 25, February 22, March 22, and April 19 2:00-4:00 PM  
*Where:* Swimming Pool, WSU Student Union

Learn and refine your kayaking skills! Come practice your moves with other kayakers in the warmth of the pool. If you bring your own boat it must be scrubbed clean prior to entering the pool area.

**Cost:** Free to WSU students, staff, and faculty

**Registration:** Sign up 24 hours or more in advance to use a WSU kayak. Free to WSU students and staff.

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**River Kayaking**

*When:* Sunday, April 14, 10:00 a.m.—4:00 p.m.  
*Where:* Mad River at Eastwood MetroPark, Dayton

This course will introduce participants to kayaking equipment, strokes, maneuvers and rescues in a secluded outdoor environment. Participants will be given the opportunity to practice techniques on their own and use them to kayak a section of the Mad River. Come prepared to get wet and have fun.

**Cost:** $20.00

**Cost Includes:** Instruction from ACA Certified Instructor, kayak, paddle, Life Jacket and transportation from WSU. (It is also an option to meet us on location)

**Registration:** You must register by Friday April 12.

You must have completed the Flatwater Kayaking course to do River Kayaking.
Flatwater Kayaking

**When:** Sunday, April 7, 10:00 a.m.—4:00 p.m.

**Where:** Blue Lake at Eastwood MetroPark, Dayton

This course will introduce participants to kayaking equipment, strokes, maneuvers and rescues in a secluded outdoor environment. Participants will be given the opportunity to practice techniques on their own and use them to explore the lake and play games. This class is taught with recreational kayaks. Come prepared to get wet and have fun. This class is a pre-requisite for River Kayaking.

**Cost:** $20.00

**Cost Includes:** Instruction from ACA Certified Instructor, kayak, paddle, Life Jacket and transportation from WSU. (It is also an option to meet us on location)

**Registration:** You must register by Friday April 5.

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Zipline & Horseback Ride

**Camp Kern Zip & Ride**

**When:** Saturday April 6, 8:30 a.m.—6:30 p.m.

**Where:** Camp Kern, Oregonia, OH

Take in gorgeous views as you whiz through the forest canopies of the Little Miami River Valley on an exhilarating zipline tour! Then relax as you ride on horseback through the trails of Camp Kern.

**Cost:** $150.00

**Cost Includes:** ORC Trip Leaders, transportation, activities, and lunch.

**Registration:** You must register by Friday March 29.
Indoor Climbing Gym

**Location:** 041 Student Union
**Hours:** Monday - Friday: 4pm - 8pm
**Wednesdays 12-1 pm (Bouldering Only)**

The indoor climbing facility is **FREE** for WSU students, faculty, staff, and alumni with a current Wright1 Card. **There is a $5.00 daily guest fee;** all guests must be accompanied by a current Wright1 Card holder. **First time users must bring a photo ID to register.** Children 12 and under climb free with a WSU Fitness Center Member, and must be accompanied by an adult.

Registration and “check in” for the Climbing Gym takes place in the Outdoor Resource Center, 037 Student Union.

**Group Reservations:** Groups may reserve the climbing wall during hours the wall is not open. Reservations should be made a minimum of 2 weeks in advance.

<table>
<thead>
<tr>
<th>Group Size</th>
<th>WSU Pricing</th>
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<tbody>
<tr>
<td>6-12</td>
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<tr>
<td>12-18</td>
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<tr>
<td>18-24</td>
<td>$60/hr</td>
<td>$150/hr</td>
</tr>
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</table>

**Equipment:** Harnesses are available at no cost in the Outdoor Resource Center. **Shoe rentals cost $1.** To rent shoes you must have socks. GriGri’s are the only belay devices permitted, and you must use ours.

**Belay Classes:** During normal climbing gym hours. Ask one of our staff to teach you how to belay! **Free!**

**Women’s Wednesdays:** Free shoe rentals for all women!

**Men’s Mondays:** Free shoe rentals for all men!

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Red River Gorge Weekend Backpacking

**When:** Saturday March 30—Sunday March 31
**Where:** Red River Gorge, Slade, Kentucky

Experience backpacking in one of the most picturesque places within driving distance of Ohio — Red River Gorge, Kentucky. Hike a 12 mile loop over the course of 2 days, spending one night in a campsite. Explore the backcountry of Daniel Boone National Forest, an area that features arches, stunning vistas, spring flowers, and foliage. This trip provides participants with the opportunity to meet new people or hang out with your friends in the backcountry.

**Cost:** $100

**Cost Includes:** ORC trip leaders, all equipment, meals on location, all permits, camping fees, and transportation from WSU in 12 passenger van.

**Registration:** Up to 10 participants Preregistration required by Friday, March 22.

**Activity Level:** Beginner- Advanced, must be able to hike independently on moderate-strenuous trail while carrying up to a 40 lb backpack.
Backpacking

Spring Break Grand Canyon Backpacking

*Where:* Grand Canyon National Park, Arizona
*When:* Saturday March 2—Sunday March 10

Challenge yourself over Spring Break by backpacking 29 miles through one of the greatest natural wonders of the world. Elevation will range from 6,400 ft on top of the South Rim to 2,200 feet along the Colorado River. Participants will carry a full backpack with personal and group gear, and travel along difficult and remote terrain. This trip includes five days and four nights in the canyon with a rest day enjoying the Colorado River.

**Cost:** $450

**Cost Includes:** ORC trip leaders, all backpacking equipment, meals on location, all permits, camping fees, and transportation

**Activity Level:** Beginner – Advanced. Must be able to hike independently on moderate to strenuous terrain while carrying a 40 lb backpack.

**Registration:** Up to 9 people. Pre-registration by Wednesday February 20.

Climbing Knots Workshop

*Where:* WSU Climbing Gym

Come learn and try several essential knots used in indoor and outdoor climbing!

**Cost:** Free

**Registration:** Check in at the office the day of the event.

Anchor-Building Workshop

*Where:* WSU Climbing Gym

Learn the basic and essential knots, concepts, and skills for building anchors for top-rope climbing systems.

**Cost:** Free

**Registration:** Check in at the office the day of the event.

Valentine’s Day Climbing Party

*Where:* WSU Climbing Gym

Join the ORC staff for a lovely evening of climbing! To celebrate Valentine’s Day, we will have Valentine’s cards and candies to write in and pass out to friends and climbing partners!

**Cost:** Free

**Registration:** Normal check in at the office
CLIMBING

Ice Climbing

When: Saturday Feb 9th, 12:00 PM—Sunday Feb 10th, 8:00 PM

Enjoy a pleasant wintery weekend climbing a 45 foot and 72 foot ice tower! You and a bunch of other gnarly dudes and gals stay in a lovely heated bunkhouse at Peabody Ice Climbing in Fenton, Michigan. After settling in for a cozy night, wake up and send the gnar on the ice towers. Once we’re all tuckered out, we’ll head back to WSU Sunday afternoon.

Cost: $95

Cost includes: ORC trip leaders, all equipment, meals on location, lodging fees, and transportation from WSU in a 12-passenger van

Registration: Register by Friday, February 1

Mad River Gorge Rock Climbing

When: Saturday April 13, 8:30 AM—5:00 PM
Where: Mad River Gorge, Springfield, OH

Take to the crags of Mad River Gorge for an afternoon of rock climbing with the ORC. This is the perfect opportunity for those wishing to take the skills they have acquired climbing at the gym onto some real, old fashioned rock walls.

Cost: $35

Cost includes: equipment, instruction, lunch, and transportation from WSU

Activity Level: Beginner to Advanced.

Must be able to climb at least the easy-moderate routes in our climbing gym, be comfortable with heights up to 50 ft, green card belay-certification preferred, must be able to hike independently on moderate-strenuous terrain.