As an Anthem Blue Cross and Blue Shield member, you take your health benefits with you when you travel outside the U.S. Through the BlueCard Worldwide® program, you can get help finding doctors and hospitals in more than 200 countries and territories around the world.¹

To learn more about BlueCard Worldwide:
- Call the Customer Service number listed on your ID card.
- Visit bcbs.com/bluecardworldwide.
- Call the BlueCard Worldwide Service Center toll free at 800-810-2583 or collect at 804-673-1177.

What do I do if I need medical care in a foreign country?

To use the BlueCard Worldwide program when you are traveling or living outside the U.S., keep these things in mind:

1. Call the Customer Service number listed on your ID card before you leave. Coverage outside the U.S. may not be the same.
2. Always carry your current ID card.
3. Go straight to the nearest hospital in an emergency.
4. Call the BlueCard Worldwide Service Center if you need to find a doctor or hospital, or need help getting care. The number is 800-810-BLUE (2583). Or, call collect at 804-673-1177. Representatives can help you 24 hours a day, seven days a week. A doctor visit or a stay in a hospital will be scheduled for you, if needed.

5. Call one of the numbers listed above if you need inpatient care (24-hour care in a hospital). Usually, you don’t have to pay upfront for inpatient care at participating BlueCard Worldwide hospitals. But you do have to pay fees you normally pay. This includes paying for services not covered by your benefits, deductibles, copayments and coinsurance. The hospital should send us your claim for you. For precertification or preauthorization, you should call the Customer Service number listed on your ID card. Note: These numbers are not the same as the ones listed above.

6. You will need to pay upfront for care that you got from a doctor and/or nonparticipating hospital. Then, fill out a BlueCard Worldwide claim form and send it with the bill(s) to the BlueCard Worldwide Service Center (the address is on the form). You can get the claim form online at bcbs.com/bluecardworldwide, or from the BlueCard Worldwide Service Center.

How do I file a claim?

When filing a claim:

1. If the BlueCard Worldwide Service Center helped you get into a hospital, the hospital will file the claim for you; you will need to pay the hospital for the out-of-pocket fees you normally pay.
2. For outpatient (no overnight stay at a hospital) and doctor care, or inpatient care you did not get through the BlueCard Worldwide Service Center, you will need to pay the doctor or hospital and send an international claim form with original bills to the Service Center.
3. You can get an international claim form by calling the Customer Service number on your ID card or the Service Center or by going online at bcbs.com/bluecardworldwide.

For health care outside of the U.S.:

1. Call the Customer Service number listed on your ID card for coverage details before leaving the U.S.; benefits (the health services we offer) may not be the same outside the country.
2. Always carry your ID card.
3. In an emergency, go straight to the nearest doctor or hospital, then call the BlueCard Worldwide Service Center at 800-810-BLUE. Or, call collect at 804-673-1177.
4. If you need precertification or preauthorization, call the Customer Service number that’s on your ID card.

Cut out this information and carry it with you when traveling outside the U.S.