

If you like dial tones, then you might not like MyAnthem™.

That's because when you log on to MyAnthem, service is fast, easy and at your fingertips. Just the information you need and the power to get things done. The site is secure and individually tailored to help you:

- find a doctor or hospital
- check the status of a claim
- order a new ID card
- change your address
- view your benefits
- learn which services need prior approval
- view deductibles and maximums
- manage your personal care account*
- enroll in our cardiac, diabetes, kidney, pulmonary or maternity care programs

*Availability may vary by account

HOW TO REGISTER AT MYANTHEM:

You will need your card in order to complete this process.

1. Go to **Anthem.com**.
2. On the home page, complete the following:
 - Enter the site by clicking on "Member"
 - Select your State in the center box
 - Select "Register" in the Register Now box
3. Select Continue on the "Member Service Functions" page
4. Select "I Agree" on the "Anthem Member Services Online Access Agreement" page
5. Fill in all the required fields on the Anthem Member Registration page
6. Select Continue

Searching for a Spanish-speaking, female dermatologist?

You can find her with the Anthem Provider Directory. Whether you want to search by name, gender, ZIP code or languages spoken, this online directory helps you find the doctor, hospital or other health care professional you're looking for. Need directions? No problem. We can help you locate the doctor's office or even a hospital or pharmacy if you need one.

Give me the information I need to make a good decision

Information. Too much and you're overwhelmed. Too little and you feel cheated. With Subimo's decision-support tools, you get just enough, easy-to-use information so that you can feel confident about your decisions. Here's a sample of what Subimo can do for you.

WHAT'S SUBIMO?

Subimo's the independent company that developed the "Advisor" technology we just described. The people at Subimo are experts at gathering information about hospitals, drugs and costs and putting it in easy-to-use formats. And since they don't receive any funding from insurance or drug companies, you know they're giving you objective, unbiased information.



Feel confident about your decisions

Your doctor tells you that you need to have a procedure done in the hospital. Instantly your mind's flooded with questions. Which hospitals specialize in my procedure? How much do different hospitals charge? What exactly is this "procedure" anyway? Relax. Subimo's Healthcare Advisor® answers your questions so you can make smart choices.

Estimate your medical costs before you receive care

Knowing the price of an item before you buy it. That's common sense, right? We think so. That's why Subimo's Treatment Cost Advisor™ gives you the power to find reliable cost information for many common medical conditions and health care services.

How much do you know about your health?

Sure, you visit the doctor when you're sick and hear about the latest test for cancer on the news, but how much do you really know about **your** health? Fill out a quick easy health assessment at MyHealth@Anthem®, and get your own instant health status report. And, while you're there, check out some of the other cool tools and calculators at your fingertips.

Looking for new ways to save money?

It's easy with SpecialOffers@Anthem™. Accessed through anthem.com, this site offers you up to 50% discounts on health clubs, teeth whitening products, frames and lenses and a variety of health-related products. This way you can find just what you need to maintain a healthy lifestyle and save money at the same time.

Protecting your privacy

At Anthem Blue Cross and Blue Shield, we've taken great measures to ensure that the health information for you and your family is kept private and secure. In fact, because of federal privacy regulations, parents can access their minor dependents' information, but spouses can't access each other's. In addition, each adult member must register separately on the MyAnthem site.