

# *The Art & Science of Comfort*



**Keynote  
Speaker**

***Kathy Kolcaba, PhD, RN, C.***

Dr. Kolcaba is Associate Professor Emeritus at the University of Akron College of Nursing. She is a gerontological and end of life and long term care researcher, educator and author. Her work has led her to develop the Theory of Comfort and she is widely regarded as a theorist and visionary for holistic health.

More information about Dr. Kolcaba and her work can be found on her website, <http://www.thecomfortline.com>.

Sigma Theta Tau International Beta Iota Chapter  
College of Nursing  
University of Cincinnati  
PO Box 210038  
Cincinnati, OH 45221-0038

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***Southern Ohio Northern Kentucky (SONK)  
Consortium Annual Conference***

# ***The Art & Science of Comfort***

**Friday, February 4, 2011  
Sharonville Convention Center**

Keynote Speaker

**Kathy Kolcaba, PhD, RN, C.**

Associate Professor Emeritus  
University of Akron, College of Nursing

Sponsored by

***Sigma Theta Tau International  
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# The Art & Science of Comfort

## Keynote

### *The Art & Science of Comfort*

Kathy Kolcaba, PhD, RN, C

## Panel Discussion

Comfort Theory as a Guide to the Practice & Research of Complementary Therapies

## Panelists & Concurrent Session Speakers

### *The Art & Science of Aromatherapy in Nursing*

Donna Walls, RN, BSN, IBCLC, CCE, CA  
Certified Aromatherapist, Master Herbalist,  
Environmental and Holistic Care Educator

### *Exploring & Experiencing Healing Touch in the Context of Rogerian Science*

Mary Pat Thomas, RN, MSN, CHTP, AHN-BC  
Clinical Nurse, Miami Valley Hospital,  
Department of Maternal Fetal Medicine,  
Certified Healing Touch Practitioner, Advanced  
Holistic Nurse, Certified Aromatherapist

### *Healing Touch & Comfort*

Therese Dowd, PhD, RN, CHTP,  
Associate Professor Emeritus,  
The University of Akron

## Agenda

|                   |   |
|-------------------|---|
| 8:30am            | Registration  |
| 9:00-11:15am      | Keynote<br><b>The Art &amp; Science of Comfort</b><br><i>Kathy Kolcaba, PhD, RN, C.</i><br>Associate Professor Emeritus<br>University of Akron,<br>College of Nursing |
| 11:20am - 12:30pm | Panel Discussion  |
| 12:30 - 1:30pm    | Lunch   |
| 1:30 - 2:30pm     | Concurrent Session  |
| 2:45 - 3:45pm     | Concurrent Session  |
| 3:45 - 4:00pm     | Wrap Up & Evaluations   |

*For additional information*

**Marge Ryan, (513) 825-1910  
or [ryanma@fuse.net](mailto:ryanma@fuse.net)**



## The Art & Science of Comfort

**February 4, 2011**

**Sharonville Convention Center**

COST (includes lunch)

\$70 STTI members

\$80 Non-members

\$50 Student

\$20 Late fee

Deadline: January 28, 2011

Please make checks payable to SONK

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