



# Healthy Rewards

You can earn Healthy Rewards as extra dollars in your Health Savings Account for the following:

- \$50 for completing the MyHealth Assessment online health profile (one per family)
- \$100 for enrolling in a health coaching program for an eligible condition (per qualified family member)
- \$200 for graduating from a health coaching program for an eligible condition (per qualified family member)
- \$50 for completing the Healthy Lifestyles: Tobacco-Free Program (per qualified employee and/or spouse)
- \$50 for completing the Healthy Lifestyles: Healthy Weight Program (per qualified employee and/or spouse)

**These dollars count towards the annual combined maximum contributions to your HSA.**