

Family

4	3	2	1	0	
					I feel and/or felt close to my parents.
					I have demonstrated the willingness to commit to a marriage or comparable long-term relationship.
					I feel good about the degree of closeness I have with men/women in my life.
					I am aware of the difference between needing someone and loving someone.
					I know what it means to love unconditionally and do so.
					I spend quality caring time with my child/children or someone else's child/children.
					I respect my child as a complete human being at all stages of her/his growth.
					My family understands and exhibits shared values and moral standard.
					I attend a family gathering and/or reunion at least 3 times a year.
					My spouse/significant other, children, and family know I love them, because I tell them.

Scoring:

___ + ___ + ___ = ___ = Total points for this section

Divided by ___ (number of statements answered) =

___ . ___

Average score for this section

- 4 = Yes, always or usually
- 3 = Often
- 2 = Sometimes, maybe
- 1 = Occasionally, rarely
- 0 = No, never or hardly ever