

Practical Training Guide Overview

Are you an F-1 status student interested in off-campus work experience related to your field of studies?

Yes

Do you plan to obtain academic course credit for this as an internship, practical experience or practicum employment opportunity?

Yes

Curricular Practical Training is appropriate

No

Optional Practical Training is appropriate, either before or after completing your course of study but requires three to five months advance planning and Immigration Office (USCIS) employment authorization application processing.

No

You need to explore other work options